

July 2023

#### **Pay Your Voluntary Dues at**

www.foxridgecommunity.com

Your membership supports our community.

#### **Next FIA Board Meeting**

Wed. July 12, 2023 at 7 pm Metrum Community Credit Union

6980 S Holly Cir, Centennial, CO 80112

Foxridge Improvement Association Board of Directors meets on the 2nd Wednesday of every month.

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#### **Advertise in the August**



**Deadline: July 20th** 

E-mail kerri@porchlink.com for rates and information.



### **Revitalizing The Club at Foxridge -**

XTALES

### Join Us in Enhancing Our Neighborhood

The Foxridge Improvement Association is dedicated to enhancing our neighborhood by building community, creating connections, and maintaining its value. We organize about six community events each year and contribute to yard waste and composting events to bring the community together. Additionally, we partner with the General Improvement District and the City of Centennial to prioritize and address the needs of our neighborhood, resulting in the maintenance of entry gardens, functional irrigation systems, and new community fencing.

Our neighborhood has several valuable assets, including The Club at Foxridge's pool/tennis courts, the Foxridge Community Garden and Foxridge Park. We support a mutually beneficial relationship with these resources while using them to host events such as the Fair, Halloween Trunk or Treat, Carriage Ride Event, and Egg Hunt to bring people together.

The FIA Board of Directors believes that supporting the revitalization of The Club at Foxridge is one way to continue our efforts in enhancing the community. This includes reconstructing the tennis courts to introduce tennis programs for all ages and pickleball programs using temporary lines on the courts. The courts will also have handicapped access through the Foxridge Community Garden. Also, a Special

Olympics tennis team will have free weekly court usage for practices for seven weeks in the summer.

Don't miss out on this opportunity to make a difference in our community. Consider donating or joining and spreading the word to your tennis and pickleball friends and anyone who cares about improving our neighborhood. Together, we can create a stronger, more vibrant community. Although The Club at Foxridge is a private facility, nonmembers can access swim, tennis, and future pickleball programs through non-member fees, making it a valuable asset for the whole community.

Visit www.foxridgeclub.com for more information, and please feel free to contact us if you have any questions.

Thanks,

Cheryl Gass, Gurdeep Sandhu, Bryon Bhagwandin, Martha Riley

On behalf of the FIA Board of Directors





**Mailing Address:** 

PO Box 4985, Englewood, Colorado 80155-4985

Board E-mail: foxridge.board@gmail.com



"like" us via the Website

#### **2023 FIA Board of Directors**

**President: Martha Riley** [term thru 12/31/23]

foxridge.board@gmail.com | 303-435-2073

Vice President: Alex Martinez [term thru 12/31/24]

foxridge.board@gmail.com | 303-763-0853

**Secretary: Vacant** 

Treasurer Gurdeep Sandhu [term thru 12/31/24]

#### **FIA Board Members At Large**

Tudi Arneill (term through 12/31/24)
Bryon Bhagwandin (term thru 12/31/24)
Cheryl Gass (term thru 112/31/23)
Alison Krebs (term thru 12/31/23)
Sandra Williams (term thru 12/31/23)

#### **FIA Responsibilities & Committees**

Social Events: Sandra Williams

foxridge.board@gmail.com

Community Events: Gurdeep Sandhu foxridge.board@gmail.com

Communications/Website: Alex Martinez, Cheryl Gass, Sandra Williams foxridge.board@gmail.com

Membership Committee: Martha Riley, Cheryl Gass, Gurdeep Sandhu foxridge.board@gmail.com

Foxtales: Tudi Arneill, Martha Riley, Cheryl Gass

foxridge.board@gmail.com

Welcome Committee: Tudi Arneill

foxridge.board@gmail.com

Club at Foxridge Liaison:

Martha Riley & Tudi Arneill

Covenant Advisor: Ron Gamet

foxridgecovenantadvisor@gmail.com | 720-576-6264

#### **City of Centennial FGID Representatives:**

Fence Repair or Replacement, Landscaping, Maintenance & Sprinklers:

Martha Riley 303-435-2073 **Contact: foxridge.gid.reps@gmail.com** 

#### **Centennial Council of Neighborhoods (CenCON)**

Contact: foxridge.board@gmail.com Representative Cheryl Gass

Covenants of the 11 filings comprising Foxridge can be found on our website: www.foxridgecommunity.com under FIA Board, Covenants

### Did You Know....

After its first bid for statehood was vetoed by President Andrew Johnson, Colorado entered the Union on August 1, 1876, the year the United States celebrated its centennial. Thus, the thirty-eighth state is known as the Centennial State. (Ulysses S. Grant was president)

#### **Community Resources:**

There are some community needs that are not necessarily handled by the FIA Board. For questions or concerns, contact the following agencies:

Mayor: Stephanie Piko www.centennialco.gov | 303-754-3350

District 3 Rep: Rik Holt E-mail: rholt@centennialCO.gov

District 3 Rep: Mike Sutherland E-mail: Msutherland@CentennialCo.gov Phone: 303-754-3407

Gardening, Tree & Shrub Advice:
CSU Extension: 303-730-1920
www.arapahoeextension.org

Call Before You Dig:
Utility Notification Center of Colorado
1-800-922-1987 | www.call811.com

**Willows Water District:** 

303-770-8625 | www.willowswater.org

Power Outages: Xcel Energy Emergency
Call Center: 1-800-895-1999
Nonworking Street Light:
(call Xcel early a.m. with pole #)
1-800-895-4999

24/7 Switchboard 303-325-8000

Building Services & Home Improvement Program:

303-754-3321

**Building Inspection Hot Line:** 

303-708-1430

Road, Sidewalk, Traffic Issues, Problems: 303-325-8000

Animal Control / Barking Dog Complaints: 303-325-8070

Code Enforcement:

303-325-8000

#### **Law Enforcement & Arapahoe Co. Sheriff:**

Sheriff@arapahoesheriff.org | Emergency: 911

Non-Emergency Issues & Questions:

303-795-4711

**Crime Prevention & Neighborhood Watch:** 

303-795-4711

Graffiti Removal: 303-795-4711

#### **Arapahoe Co. Government:**

www.co.arapahoe.co.us
District 2 Commissioner:

Jessica Campbell-Swanson

JCampbell-Swanson@arapahoegov.com 303-795-4630

Clerk & Recorder: 303-795-4200

#### **Arapahoe County Health**

6162 S. Willow Dr., Suite 100 Greenwood Village, CO 80111 Phone: 303-795-4584

#### **South Metro Fire Rescue Authority**

www.southmetro.org | Emergency: 911

Non-Emergency Issues & Questions:

720-989-2000

**After Hours Dispatch:** 

720-258-8911

#### **SE Metro Stormwater Authority**

www.semswa.org

Report Clogged Stormdrains & Foam in Creeks:

303-858-8844

**Hazardous Waste Disposal Program:** 

(Curbside, Inc.) 1-800-449-7587

#### **South Suburban Parks & Recreation District**

303-798-5131 | www.sspr.org

**Tennis Court Reservations:** 

Rusty Sun & Otero Courts

Phone: 303-483-7037

1 110110: 303-403-1031

Parks and Greenbelts (Seth Swanson)

303-953-7628

#### **Newsletter Advertising**

To advertise please email kerri@porchlink.com

Advertising deadline: 20th of the preceding month

Target Your Market With Neighborhood Newsletters!



### **Do Pool and Tennis Court Communities Really Have Higher Property Values?**

Yes, neighborhood amenities such as a swimming pool and tennis courts can add to the property value of a neighborhood. These amenities are considered desirable features for many homebuyers and can increase the attractiveness and desirability of a neighborhood. There isn't a concrete number or percentage—but we know from buyer's that are looking at these amenities as part of their search and many times choose a community based on available amenities.

What If I Don't Use The Amenities Such As Pool Or Tennis? Why Should I Contribute Financially? Contributing to a community financially, even if you don't personally use the amenity they are fundraising for, can still have several benefits. Here are a few reasons why you might consider making a contribution:

- Promoting the common good: Supporting community initiatives financially helps promote the overall well-being of the community. By contributing, you are investing in the development and improvement of your local area, which can benefit everyone, including yourself indirectly.
- Building a stronger community: Financial contributions foster a sense of unity and solidarity among community members. When you support community projects, you demonstrate your commitment to the collective welfare and encourage others to do the same. This can help build a stronger and more cohesive community, where people come together to support each other.
- Paying it forward: Even if you don't directly benefit from a particular amenity, contributing financially can be seen as a way of paying it forward. It allows future generations or other community members to enjoy the benefits of improved infrastructure or services. Your contribution helps create a legacy of community support that extends beyond your immediate needs.
- Reciprocity and reciprocity principle: The reciprocity principle suggests that when you contribute to a community initiative, others are more likely to reciprocate when you need support in the future. While this shouldn't be the primary motivation for contributing, it can create a culture of mutual support within the community.
- Strengthening community bonds: Financial contributions can help strengthen relationships with fellow community members. It shows that you care about the collective interests of the community and are willing to invest in its betterment. This can lead to increased social connections, networking opportunities, and a sense of belonging.
- Improving property values: Investing in community projects, such as parks, recreational facilities, or cultural centers, can enhance the overall attractiveness and desirability of the area. This, in turn, may positively impact property values, even if you don't directly use the specific amenity being funded.

Remember that contributing to a community financially is a personal choice, and you should consider your own financial circumstances and priorities. While it's important to support community initiatives, it's also essential to balance your contributions with your individual needs and responsibilities. We enjoyed 10 years at the pool and tennis club of the 22 years we have lived here. Hope to see the Foxridge Club continue to grow and be part of our community for years to come. Cheers!

Thanks for reading—Julie Holt, Realtor, and neighbor since 2001



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#### **Kathy Rice**

Longtime Foxridge Resident

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### **Foxridge Community Garden Update**

#### **Summer Solstice Event Kicks Off Summer Season**

The garden welcomed more than 60 people of all ages on June 17th. The vegetable beds are thriving with so much rain, and the night was quiet and mild. Jillian Bethune provided an amazing variety of tasty appetizers, desserts, and savory snacks, along with homemade popsicles for kids and adults.

Jillian also shared her sommelier skills and provided different wines to taste, including summer wines, as well as a selection of beer to enjoy while strolling the garden.

We were pleased that Sue and Rick Townsend joined the party as the Sue Townsend Berry Patch is going gangbusters right now! Martha Riley presented our ongoing thanks to Carolyn Melphy and John Krumholz for their devotion of time, expertise and money to the garden, especially focused on tree-trimming this summer. Also recognized was Tyler Stamps, a long-time volunteer who graduated from high school this spring.

A Kid's Program is scheduled for July 12 at 6:30 pm focusing on butterflies and other insects of the garden. Watch *Foxtales* and the Foxridge Community Garden website for other upcoming events.

However, if the garden gate is open, feel free to come in and walk around. You can enjoy seeing the variety of fruits and vegetables, enjoy the peaceful atmosphere, or find a fairy or two in the fairy garden.





#### **Gratitude for the**

### Foxridge Community Garden

We are so appreciative and grateful to the Club at Foxridge for allowing the Foxridge Community Garden (FCG) to have space for our neighborhood gem. The founders (Adrienne Jones and Lisa Olsen) along with a creative and community-minded group of Foxridge volunteers have created this wonderful area of raised garden beds and so much more. The garden keeps improving with big assists from local boy and girl scout troops. The garden is operated under the umbrella of the Denver Urban Gardens (DUG) and has a focus on producing food for the community. Beds are rented for personal use, but many are also donated as community beds for produce to go to local food banks.

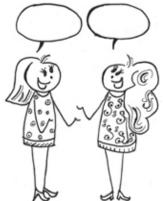
For me, the sense of peace is what the Foxridge Community Garden provides. My husband John and I have enjoyed the journey and friendships we have gained volunteering at the garden since 2020. It is a blast helping with a dedicated group of volunteers to build the mountain fence and raised beds, moving lots of mulch, pick axing the alfalfa to now just weed whacking and planting our own community garden bed. Of course, we also get a thrill from pulling that thistle out with the full tap root (goofy I know).

The garden has so much to offer. I hope you all can go up and enjoy the garden and get involved and make new friends. It is a place for all ages. I have learned so much from attending the classes – like how to plant tomatoes (deep!) and the German method Hügelkultur, which involves using wood stumps in raised beds for soil nourishment. I've also learned how to add natural mulching over lots and lots of cardboard and appreciate many different types of tomatoes, squash, lettuce, herbs.... you name it. A favorite this year, is when Theresa Shaver led a session with kids in planting a kids pizza garden, with additional rows of "popcorn." Can't wait to see how it grows this summer. And of course, love the milk weeds volunteering along the fence, so one day maybe we will see some Monarch butterflies.

- Carolyn Melphy

Visit the website at **www.foxridgecg.com** for more information about the garden and its mission/vision.





# Overheard in Foxridge

Lyn: "Hey, Sue! Gonna hit up the Foxridge Fair on August 7th?"

Sue: "Nah, I haven't paid membership dues. So, we're out, right?"

Lyn: "Nah, you can totally still go! But hey, it'd be super cool if you joined. The FIA invests significant funds and the volunteers bust their tails to make this thing epic."

Sue: "You know what? You're onto something! Maybe we'll give it a

shot! I wonder if they still need help? It'd be a blast lending a hand and getting to know the neighbors."

Lyn: "They're always looking for fresh faces! Just drop an email to foxridge. board@gmail.com and make sure to swing by www.foxridgecommunity.com to become a member!"





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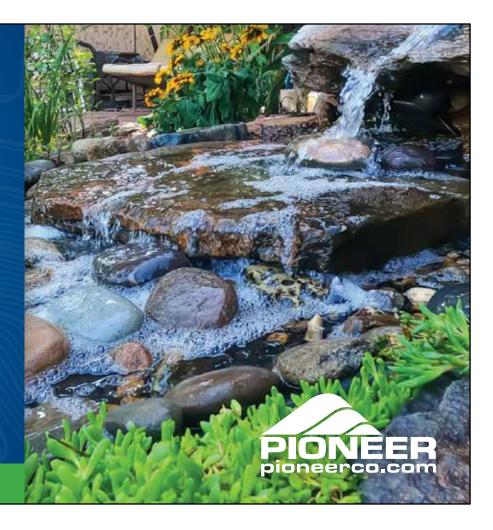
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3909006	4/28/23	6081 E Mineral Drive	\$962,000	\$985,000	5	4	3,630	2
4729757	5/3/23	7910 S Monaco Court	\$820,100	\$820,100	5	4	2,959	2
8089395	3/24/23	6977 E Long Avenue	\$700,000	\$750,000	4	3	3,467	2
1986515	5/12/23	7638 S Oneida Court	\$740,000	\$740,000	4	3	2,472	2
6740262	5/18/23	7854 S Pontiac Court	\$715,000	\$715,000	3	3	2,752	8
2926383	3/28/23	8094 S Newport Court	\$649,000	\$649,000	3	3	2,322	2

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#### **Kyla Is Highly Recommended in the Neighborhood:**

"My husband and I were looking for an investment property and wanted a realtor that knew the area. We reached out to Kyla Hammond and she was incredibly knowledgeable and gracious in finding out what we were looking for and in the area we wanted. She shared news about the market and updated us daily on new listings. She also supported us through the contract, negotiation, and buding steps, and advised us when needed. It was a great experience and we found exactly what we were looking for. Highly recommend reaching out to Kyla if you are looking." Erica, Centennial, 2023















#### **Award Winning Realtor:**

Kyla Hammond is a top producing Realtor in South Suburban Denver. She is in the top 20 agents at Your Castle Real Estate and ranks in the top 5% of all agents. She has won numerous awards for her work and provides outstanding service for her buyers and sellers. Give her a call anytime!

### Rebuilding Foxridge Courts – The Home Stretch

#### Phase 3 Fundraising Can Make It Happen!

Club revitalization improvements, an expanding membership, and a strong Board of Directors are helping to create a bright future for The Club at Foxridge. The full effect of revitalization won't be realized, however, until the courts are rebuilt, opening the club to year-round use for tennis, pickleball, and social gatherings. What an asset for our neighborhood!

#### Many thanks to our business sponsors to date:

**E Light Electric Services:** Colorado owned and operated commercial electric company – strives to be the best provider of high-quality electric and renewable energy installations.

**Working Man LLC – Handy Man:** Steve Riley, Foxridge Resident - Get things fixed the right way.

**Advanced Orthodontics:** Located at Dry Creek and Quebec - A better life starts with a beautiful smile.

**Chabin Controls: John Chabin, Foxridge Resident** – Industrial automation systems integration, providing technological expertise and system design of production facilities and manufacturing control.

**Kim Crea, Draper and Kramer Mortgage Corp:** A Mortgage Advisor you can Trust to help manage all your home financing needs!

**CreteJack:** Foam concrete leveling is the best and least invasive way to fix sunken, uneven, or cracked concrete.

**Julie Holt Homes, Colorado Home Realty:** Foxridge Resident – Dream a little...maybe a lot. What if the life you're dreaming of is right here at your fingertips? Helping buyers and sellers in the metro area.

**Jemaine, the Traveling Goat:** Cheri Jones, local author and Foxridge resident – Share your love of national parks with the next generation through Cheri's children's books about Jemaine, the Traveling Goat.

**Metrum Community Credit Union:** Located on Holly just north of Dry Creek – Your local, friendly credit union.

Andrew Neal: Merrill Lynch Financial Advisor - Club Member - Contact Andy at Andrew.neal@ml.com or 303-689-8043.

More info at fa.ml.com/andrew-neal

**Big Bill's New York Pizza:** Hand-tossed New York style pizza, calzones, salads and other Italian-inspired dishes await.

**Dominant Digital Agency LLC:** Chris Licause, Foxridge resident - Digital marketing services for local businesses, including SEO, Google Ads management, and website development.

**Lukas Wine and Spirits Superstore:** Joe Brunner, local owner and operator – Knowledgeable and friendly staff; dedicated community supporter.

**Mauzie's Fine Jewelry:** Located at Dry Creek and Quebec – Full service jewelry store with one-of-a-kind pieces designed and created by Mauzie Mays.

### Email contact@foxridgeclub.com if you are interested in a business sponsorship!

#### Where do we stand with our fundraising?

Fundraising began around a year ago and we have started Phase 3 to raise the last bit of money needed to afford a loan to build the courts this fall. We believe another \$30,000, along with a potential USTA \$25,000 grant will ensure that the Club can comfortably afford a loan to rebuild the courts. See the chart below for details:

Phase	Date	Dedicated to	Amount
1	Jun-Dec 2022	Courts	\$30,000
2	Jan-May 2023	Courts and Club	Courts: \$10,000 Club: \$20,000
3	July-Aug 2023	Courts and Club	Goal: \$30,000

How can we reach this \$30,000 goal? We continue to fundraise through donations and sponsorships...and every new membership helps decrease the amount of money we need to raise. We are celebrating around 30 new memberships this spring with the anticipation of more this summer. Each new membership enhances the club with new faces and increased revenue to run the pool, pay for our improvements, and builds greater affordability of a loan. Please consider joining the Club to not only be able to enjoy the pool this summer, but to invest in the courts.

Only interested in the courts? You can prepay your \$450 initiation fee and the money will go into the designated court account. When the courts are built this fall, you can activate your membership by starting to pay the monthly dues (\$35/adult membership or \$65 family membership). The courts will be available for all members to use as soon as they are finished. Good stretches of weather will allow us to play tennis and pickleball throughout the winter! And you'll be all set enjoy the pool next summer, as well.

**Sponsorships and Personal Donations:** We are still actively soliciting business sponsorships and personal donations! Even if you are not personally interested in visiting the Club, we welcome your support in rebuilding the courts for the good of the whole neighborhood. Please send a message to contact@foxridgeclub.com for more information or simply go to www.foxridgeclub.com and click on the appropriate link.

Mark your Calendar! Saturday, August 5th – Evening Celebration for Founders Day along with Appreciation for Donors, Sponsors, and Volunteers The big pool opened on August 1st, 1980; the rest of the club was developed over the next couple of years. Please mark your calendar to help us celebrate not



only the founding of the club but all of the people who are making our revitalization plans come true. Details coming.

Thanks also to our personal donors who have invested in the revitalization project. The following people donated from \$500 to \$4,500, bringing in almost \$25,000; many more people donated anywhere from \$20 to \$500 – thanks so much! *Email contact@foxridgeclub.com if you are interested in making a personal donation!* 



#### Tier 1 Donors

Jim and Tudi Arneill Bob and Sue Datson Dan and Debbie Dawkins Gary and Nepeta Godec Allisa and James Lacey Lisa Lash

Carolyn Melphy & John Krumholz Martha and Steve Riley Mike and Heather Siegal Kevin and Sandra Williams Dale and Kristi Zimmerman

#### Tier 2 Donors

Matt and Susan Canetto | Andrea and John Fagan Tracie and Tim Grant | Olivia Mayer and Gene Rose Jarrod and Laura Schleiger | Michael and Michelle Wade

#### Tier 3 Donors

Kate Arnold | Sarah and Bryon Bhagwandin
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Katie and Richard Elwood | Gary and Barbara Fischer
Matthew and Rosie Hearn | Susan and James Love
Sally and John Moos | Scott and Becky Powell
Mike and Kathy Sutherland | Andreas Vita and Laurie Dittmer
Sally and Keith Woods | Meg and Andrew Yon



#### What do we offer at our newly updated facility?

- Resurfaced Pool
- Updated Social Space
- · Party Rentals
- Refreshed Landscaping
- Holiday Events and Socials
- Baby Pool, Diving Board, Lap Lane
- Onsite Shower
- · Children's Playground
- Snack Shack
- · Propane Grills
- Adult Lap Swim
- Swim Lessons and Club Swim Team
- · Guest Passes
- Tennis teams that compete within South Suburban neighborhoods

### THE CLUB AT FOXRIDGE Become a Member!

The Club at Foxridge is a privately owned 25-yard community pool located in the Foxridge neighborhood. We offer a range of exciting amenities and social events for all ages. It is the heart of our community - a vibrant club where neighbors come together for poolside barbeques and lasting memories.



#### Membership Options

Family Membership: \$65/month Adult Membership: \$35/month \$450 One-Time Initiation Fee

> Scan here for more details



TRY US OUT! Contact us to try the Club for a day! contact@foxridgeclub.com





# Natural Neighbors: Prairie Bogs

Note: A small colony can be found in the field on the south side of Dry Creek, opposite Homestead Elementary. Please watch them from a distance.

Information courtesy of Denvergov.org

- Prairie dogs are considered to be the only other mammal with a complicated verbal language. They make over 300 different vocalizations with specific meanings. Studies have analyzed calls that even describe the people watching them, for example "There's a tall male in a green shirt on the north side of the colony."
- Prairie dog burrows include nurseries, bathrooms, storage areas, kitchens and even guest rooms.
- Prairie dogs have jobs. Jobs include lookout, day care provider, and burrow maintenance worker.
- Prairie dogs greet each other by rubbing front teeth or "kissing."
- Prairie dogs don't drink water; they get moisture from the plants they eat, rain and snow.

### July Landscape Update: Your GID Funds at Work

#### By Tudi Arneill

Martha Riley and I met with Patrick Fleming, the Centennial GID manager, and Cody Cocas, (Split Rail Fence Co.-SRF) to learn about the upcoming GID fence replacement project. Once a crew is available (3-4 weeks), it is estimated the project could take about 3-4 months. No materials depot will be needed, and Split Rail Fence will notify affected homeowners with doorknob hangers. Martha will also contact homeowners now to trim overhanging vegetation.

Erik Sutton of SuttonScapes (with whom we contract for landscaping services), Martha and I toured Foxridge to highlight which areas are the FGID responsibility and which are South Suburban Parks and Rec District's land.



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### Join Our Exclusive Membership **Program**

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### 2023 FIA Membership Form

January 1, through December 31, 2023

Membership in the FIA requires a \$60 annual fee.

To join electronically, simply go to www.foxridgecommunity.com and click on 'Membership'.

You will be able to pay by Zelle or PayPal.

If you prefer to send a check, please complete the form below and send with your check made out to FIA to: Foxridge Improvement Association | PO Box 4985 | Englewood, CO 80155-4985

Towning improvement absolution   To box 4500   Englewood, 60 00100 4500						
Name:						
Address:						
Phone Number:						
Email Address:						
Check here if you do not want to	be on our email	l list. It	is used to inform about upcoming events and	is not shared.		
\$60.00 Make check payable to	o FIA (please	do no	t send cash)			
Are you interested in being actively involved? We welcome volunteers!  Opportunities are available for the following:			Foxridge Fair			
Welcome Committee			Dumpster Day			
Entry Landscaping			Carriage Ride			
Newsletter			General Interest			





### Summer Nights

It was a fun night with some of our local peeps coming out for the annual open house at the Foxridge Community Garden. We celebrated Summer Solstice a little early. I did a wine tasting with 5 wines from Lucas Liquor. I chose mostly blends of white, rose and red to taste and compare. For those of you that couldn't make it, I will break down the wines and the appetizer I paired them with.

### 2020 The GateKeepers Swartland, South Africa (Chenin Blanc/Grenache Blanc/Roussane/Verdelho)

Many of these varieties found in this blend are also found in the South of France. On the nose, floral with white stone fruit and balanced with mineral and acidity on the palate. It was put into old French barrels to age 6 months, giving it a nice complexity.

Paired with herbed cream cheese on endive with bramble berries

#### 2021 Tormaresca Calafuria, Rose from Italy 89 Wine Spectator

This is a ready-to-drink full-bodied rosé with juicy acidity and a flavor of strawberry and peach fruit with overtones of floral and herbs.

Paired with fresh strawberries, balsamic and basil over cream cheese

### Bodegas Ego "Goru Gold" red blend Spain (Monastrell/Syrah/Petit Verdot)

Black cherry and berry fruit aroma with roasted coffee and overtones of smoke. Pleasing on the palate with round rich tannins.

Paired with truffled Pecorino cheese



### Foxridge Improvement Association (FIA) June 2023 Board Meeting Minutes (DRAFT)

#### Submitted by Bryon Bhagwandin

#### Attendees:

- · Martha Riley President
- Alex Martinez Vice President
- Gurdeep Sandhu Treasurer
- Tudi Arneill Board Member at Large
- Alison Krebs Board Member at Large
- Sandra Williams Board Member at Large
- Bryon Bhagwandin Acting Secretary
- Ron Gamet Covenant Advisor

#### **Visitors:**

- Paul McNally
- Michael Sherwood

#### **Visitor Questions:**

- Michael Sherwood raised concerns that Mineral has become a speedway for people to go from Quebec to Monaco. He wondered if there was anything that could be done to slow traffic and how he might be able to help in creating change.
- It was recommended that Michael start by speaking with his council members. Martha Riley agreed to communicate FIA's support of Michael's concerns to council members if Michael will CC her on his communications to the council members.

#### **Covenant Advisors Report:**

 The June Covenant Advisor (CA) report listed eleven issues reported. All issues have been resolved and the board had no questions about the CA report.

#### May 2023 Minutes:

 The May 2023 board meeting minutes were passed as written.

#### President's Report:

- The president complimented the frontpage article of the June newsletter titled: Covenant Corner: Weed and Yard Cleanup Alert!
- Dumpster Day coming up Saturday, June 17th
- First pre-dumpster day on Thursday, June 15th for members of the Club at Foxridge (Pool) because there is a swim meet during Dumpster Day on Saturday, June 17th
- The Board was reminded we need someone to fill the Secretary role

#### **Vice President's Report:**

 There was a 40% increase in website traffic possibly due to the e-newsletter that has recently been going out and because of the upcoming Dumpster Day

#### **Secretary Report:**

No report given June 2023

#### Treasurer's Report:

- We currently have 325 paid members -vs-351 paid members this time last year
- Post card membership reminders are

bringing in new memberships

- There were 710 membership postcards printed and 659 membership postcards mailed this year
- Cost for printing and mailing membership postcards was \$407.44
- There is currently \$26,133.45 in the FIA bank accounts

#### Welcome Committee:

- The board was shown the current materials (written and tangible) provided in the welcome packet
- Tudi Arneill will send a copy of all current written materials to the board for review
- The board is asked to review and edit welcome packet written materials in the next week – by June 22, 2023

#### **Foxtales Newsletter:**

- Currently working on July newsletter
- An article providing an overview of what FIA does and their support of the community enhancemet projects will be on the frontpage of the July news letter
- July newsletter will include an article highlighting 'Foxridge Heroes'
- The newsletter is always looking for new community submitted recipes

#### **Social Events:**

- The last event was the Board Social on June 2nd for board members, their families and was held at the Foxridge Community Garden
- The Board would like to host social events like the Board Social quarterly and will use no FIA funds
- The next public event is the Foxridge Fair on Sunday, August 6th from 4:00 – 7:00 pm MDT
- The fair has received sponsorship funding from:
  - Ting (\$1,500)
  - City of Centennial (\$500)
- The fair will include the following:
  - Petting Zoo
  - A DJ
  - Face Painting
  - Food Truck
  - Kona Ice
  - Fire Truck and Sheriff Car
  - Climbing Wall
  - Kids Games
  - Local Business Booths

#### **Community Events:**

- Thursday, June 14th Pre-Dumpster Day in the pool parking lot
- Saturday, June 17th Dumpster Day at the corner of Mineral and Monaco
- Dumpster Day will also include two Goodwill

trucks to receive donations, and a scrap metal collector

#### **Community Garden:**

- There will be a free public Solstice Party at the garden on Saturday, June 17th at the garden from 6:00-8:00 pm MDT
- The recent rains have resulted in a terrific garden growth
- The garden has been rented for a private 50th anniversary party in August

#### **Communications:**

No report given in June 2023

#### Foxridge General Improvement District (GID)

- Replacement of the discolored TREX fence pickets and posts will begin in a few weeks
- It is estimated that replacement of the discolored pickets and posts will take 3-4 months
- The FGID manager and the FGID representative drove through Foxridge with Erik Sutton to review which parcels of land FGID is responsible for and which are the responsibility of South Suburban Parks and Recreation District

#### Centennial Council of Neighborhoods (CenCON)

- No CenCON report for June 2023
- Treasurer noted that CenCON dues were paid

#### **Old Business:**

- Board is still interested in creating a electronic membership directory
- Paul McNally may be able to help create the electronic directory

#### **New Business**

- Autopay for membership dues was successfully tested last month
- Decision to not enable membership dues autopay until December 31, 2024 to avoid prorated dues
- May also set up a sponsor/donations page separate from membership dues – final decision to be made at a later date
- Board endorses connecting and featuring local small businesses in Foxtales
- Martha Riley will send small business questionnaire to Michael Sherwood to use with owner of new restaurant called "Dig In"
- There is an opportunity to have a paint recycle event in the fall – the board supports the idea – details to come





### **Dumpster Day - Beyond the Landfill**

The FIA-sponsored Spring Dumpster Day (DD) held on June 17th proved that creative networking can provide alternative uses for Foxridge residents' "junk" beyond sending it to the landfill.

Doyle Britt of Goodwill Industries brought a large truck and fellow workers to receive useable items of all types for others to use and enjoy. The list of items that were accepted was impressive and made many DD participants feel better about disposing of their items.

Ethan Heline also loaded two full trailers of metal scrap that will be repurposed into other useful items rather than filling space at the landfill.

We estimate that by partnering in this way, we diverted two full dumpsters of junk from the landfill into useful, eco-friendly items.

Hosting an event like this takes coordination, logistics and, of course, lots of volunteers!

Many thanks to Gurdeep Sandhu, FIA Treasurer, for so capably coordinating this event.

#### The Foxridge Improvement Association also wishes to thank:

Les Cole

Paul McNally

Ed Bain

Bill Sluka

Olivia Williams

Stella Williams

**Kevin Williams** 

Doyle Britt

Steve Riley

Jim Black

Andrew Yon

#### **FIA Board Members:**

Tudi Arneill

Martha Riley

Gurdeep Sandhu

Alex Martinez

Sandra Williams

If funds permit, we'll hold a second Dumpster Day on Saturday, September 30th. If you have not had a chance to join the FIA yet, please consider

Just a note – plans are in the works to hold a yard waste composting event in November...and there's also word that a paint recycling event might happen this fall as well!



#### Splash Pass

Dive into summer with a Splash Pass! Enjoy unlimited admission to Harlow, Holly, Franklin and Cook Creek pools all summer long for an affordable price. Passes are available for purchase online and at any South Suburban pools and recreation centers.

#### Jammin' July Fitness Challenge

Join the Jammin' July fitness challenge from July 1-31! Get a Jammin' July card from the front desk of any South Suburban recreation center or from a fitness staff member. Each card has 5 boxes, and you can get a box signed by a fitness instructor after you have completed a class. Once all 5 boxes are signed, return your card to the front desk to be entered to win prizes! Learn more here.

#### Fall Catalog: Online Registration Opens July 18

The South Suburban Fall 2023 Catalog will go live online on July 18, and the printed version will hit homes starting the third week of July. View and register for all fall programs at register.ssprd.org.

### **Upcoming Events**

#### Music on the Patio

The Lone Tree Golf Club & Hotel and the South Suburban Golf Course host weekend Music on the Patio during the summer. Enjoy music from popular local bands along with food and beverage specials all summer long. These events are free, but space is limited. Tables available on a first-come, firstserved basis. View dates and band schedules here.

#### Goodson TRYathlon

#### Sunday, June 25

Swim, bike, run for fun! This is the perfect starting point to try a tri! This event is designed for those interested in a recreational/beginning triathlon experience regardless of athletic ability. More information is available at ssprd.org.

#### Yoga in the Park

#### June 27, July 25, Aug. 29

Join us, in partnership with RidgeGate, for FREE Yoga in the Park. No registration required, just show up and bring your yoga mat. Come enjoy the outdoors and get your zen on! Learn more here.

#### **B.A.R.K.** Rangers

### Sunday, July 2 Sterne Park 12-2 pm

#### Monday, July 17 South Platte Park 4-6 pm

South Suburban is looking for canine ambassadors to become B.A.R.K. Rangers! If you and your best friend are interested, stop by one of our pop-up ranger booths to take the pledge. Your dog will get a certificate, as well as a badge to identify as a B.A.R.K. Ranger. Learn more at ssprd.org/Park-Rangers.

B = Bag your pet's waste

A = Always leash your pet

R = Respect wildlife

K = Know where you can go

#### **Summer Beats Concert Series** Thursday, July 20 6-8 pm

Bring your lawn chairs and get ready to jam at the RidgeGate Summer Beats concert series! Enjoy a free concert by 6 Million Dollar Band at Prairie Sky Park. Food trucks and activities start at 5 pm, and the band will hit the stage at 6 pm.



### **Small Business Spotlight**

Focus on:

HBOT Now – Hyperbaric Oxygen Therapy

Your Name: Thomas Hightower Company Name: HBOT Now

Company Location: 300 E Hampden Ave Ste

202, Englewood CO 80113

#### Tell us a little about you and your business:

My name is Thomas Hightower and I am the

owner of HBOT Now, a small business I started in September of 2021. HBOT stands for hyperbaric oxygen therapy. The FDA describes HBOT this way:

Our body's tissues need oxygen to function. The air we breathe is 21% oxygen.

HBOT involves breathing 100% (pure) oxygen while in a special space called a hyperbaric chamber. The air pressure inside is raised to a level that is higher than normal air pressure.

The increased air pressure in the chamber helps the lungs collect more oxygen. Getting more oxygen to the tissues that need it can help the body heal and fight certain infections. https://www.fda.gov/consumers/consumer-updates/hyperbaric-oxygen-therapy-get-facts

#### Why did you start this company?

I suffered a mild stroke at the age of 35. I was in the midst of being a committed father of two beautiful daughters as well as managing a sales team. I was overworking myself and not allowing my body enough time to recover; most nights I was only sleeping up to two hours. All of the stress from work was detrimental to my health and I suffered the stroke. I was told by the doctors that if my sleeping pattern and stress levels didn't change, there was a possibility I could die. After the stroke, I dedicated my life to countless hours of research about how I could heal myself naturally from its side effects. I came across "hyperbaric chambers." It changed my life forever. It allowed me to continue my life path as a father and a healthy member of society.

Now my life is dedicated to helping others overcome health issues using this amazing treatment. It helps with sleep, inflammation, cancer, anti-aging, cerebral palsy, stroke, diabetes, long Covid, concussions, wound healing, energy, cognitive skills, memory, and many more things.

### Can you tell a story or provide some insight into how your services benefitted someone?

Sure, here is a message from one of my clients:

"I heard about HBOT from my aesthetician after she suggested it would help to heal some chronic facial wounds that have persisted for over two years from stage IV cancer medication. I've been to five of Denver's top dermatologists and they were not able to help me. I was skeptical of hyperbaric treatment, but after speaking to the owner, Thomas, I decided to give it a try and I am so glad I did. I bought a monthly unlimited package and this is just my first week, but I can already see and feel that a deep cellular level healing has begun. The wounds on my nose and cheek are healing quickly, I am sleeping better, chronic headaches are greatly decreased in intensity and I feel an increased general sense of well-being since starting this therapy, all in just the first week."

**Contact Information:** 

720.308.2394 info@hbotnow.com www.hbotnow.com

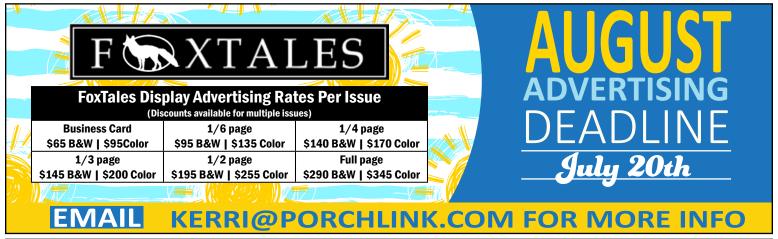
To our readers:

If you own or know a small business that might like to be featured in our Small Business Spotlight, send us a message at foxridge.board@gmail.com. Thanks!









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